



We build strong kids, strong families, strong communities.

YMCA Sport: Flag Football

Age/Grade: 7-9 Years of age

Description: Skills and fundamental training in the sport of flag football. Every child will have equal playing time regardless of skill level.

Activity Dates: September/October

Cost: \$40 (includes t-shirt)– No refunds, credit will be given to use on another sport or camp if registration is canceled prior to the registration deadline.

Game and/or Practice Location(s): Practice in the Stayton area. Games in Stayton as well as surrounding locations: Mill City, Albany, Scio, Jefferson etc. We play in a small league of teams in the valley.

Practices: One or two practices each week – determined by the coach.

Games: Start in late August and run through October.

Equipment Needed: Rubber cleats, athletic cup for boys, mouthpiece (Metal cleats & helmets are prohibited). Shorts & water bottle. YMCA provides a team shirt by the first game.

Teams are formed randomly. The only special request that we can guarantee: a coach's child being w/ their parent, or a sponsor's child being on that sponsors team.