



We build strong kids, strong families, strong communities.

YMCA Sport: Tackle Football

Age/Grade: 5th & 6th Grade

Team Size: Limited to first 25 players registered.

Description: Skills and fundamental training in the sport of tackle football.

Activity Dates: August/September/October/November

Cost: \$100 plus \$15 for a team practice jersey (unless you already have one from past season) – *no refunds. Credit for registration fee only, will be given to use on another sport or camp if registration is canceled prior to the first practice.*

Physical: Each player must have a sports pre-participation exam. Form can be downloaded from our youth sports page.

Game and/or Practice Location(s): Practices are in the Stayton area. Games in Stayton as well as surrounding locations: Mill City, Albany, Scio, Jefferson etc. We play in a league of teams from around the valley.

Practices: Two weeks (Monday – Friday) of conditioning prior to school starting, then two or three practices each week – determined by the coach.

Games: Start in late August and run through early November if the team makes playoffs.

(cont'd)

Equipment to be provided by player: White football practice pants w/ pads, rubber cleats, mouthpiece, protective athletic cup for boys, black knee high socks. Make sure to always have a water bottle.

Any other extras (padding etc.) you feel are needed, are to be cleared by the head coach before you purchase them.

Equipment provided by the YMCA: Game pants & jersey, shoulder pads, helmet. These items must be returned to the YMCA upon the end of the season or the player will be billed for them.

Sport's Physicals: Need to be completed and on file with the YMCA office prior to the first practice.

Comments or Questions?

503-769-2963 or mail@santiamymca.org