



We build strong kids, strong families, strong communities.

**YMCA Sport: *Track and Field***

**Age/Grade: *K-5<sup>th</sup> graders***

**Description: *Skills and fundamental training in various track and field activities. Season wraps up with a track meet held in conjunction with the Silver Falls YMCA.***

**Activity Dates: *Spring Season - May-June***

**Cost: *\$40 (includes t-shirt & medal) – no refunds. Credit will be given to use on another sport or camp if registration is canceled prior to the first practice.***

**Game and/or Practice Location(s): *Stayton area schools***

**Equipment Needed: *Running shoes (no spikes allowed), shorts, t-shirt (t-shirts supplied by YMCA)***

**Teams are formed with the following grades together: *K-1<sup>st</sup>, 2<sup>nd</sup> – 3<sup>rd</sup>, 4<sup>th</sup>-5<sup>th</sup> grades compete together for events***

**Practices: *All grade levels will practice for one hour twice a week for 3 weeks***

**Travel Outside the Stayton/Sublimity Area? *Possibly***

**If so, what city or cities? *Silverton High School for final meet***

**Comments or Questions?**

***503-769-2963 or mail@santiamymca.org***